



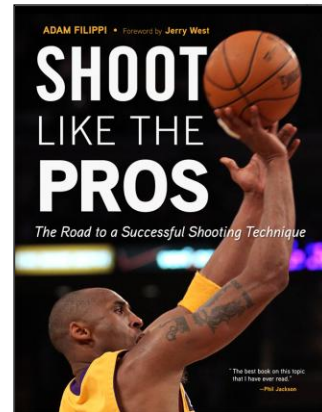
Shoot Like the Pros: ***The Road to a Successful Shooting Technique***

By Adam Filippi
Foreword by Jerry West

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“The best book on this topic that I have ever read.”
— Phil Jackson

Despite being basketball’s most important fundamental skill, shooting technique is perhaps the game’s least-taught fundamental. Los Angeles Lakers director of international scouting Adam Filippi addresses this deficiency, drawing on years of experience as a player, scout, and skills coach in ***Shoot Like the Pros: The Road to a Successful Shooting Technique***, perhaps the most comprehensive analysis of shooting mechanics ever published.



Filippi covers shooting mechanics, the mental aspects of shooting, free throws, game situations, strength and conditioning, teaching methods, and workout drills for advanced levels. ***Shoot Like the Pros*** also features dozens of instructional photographs, diagrams, and tips from many of the top shooters ever to play the game, including:

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|----------------|--------------------|--------------------|
| ◆ Jerry West | ◆ Ray Allen | ◆ Chauncey Billups |
| ◆ Glen Rice | ◆ Kiki Vandeweghe | ◆ Derek Fisher |
| ◆ Craig Hodges | ◆ Danilo Gallinari | ◆ Chuck Person |

With the help of some of the NBA’s biggest stars and Filippi’s expertise, ***Shoot Like the Pros*** will give both players and coaches at all levels proper direction on how to improve shooting technique.

About the Author:

Adam Filippi is the Director of International Scouting for the World Champion Los Angeles Lakers. Before joining the Lakers in 2001, he was the youngest scout in the NBA with the New Jersey Nets in 1999, then founded and ran Global Vision, an international scouting service that consulted with 10 NBA teams and various European clubs. As a player development coach, Adam has worked with over 100 NBA and overseas professional players. A Certified Personal Trainer and Performance Enhancement Specialist by the National Academy of Sports Medicine, he conducts individual training sessions, mini camps and clinics to teach fundamental basketball skills to players of all ages and levels.

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